H-4
PANELS
FLIGHT
1:500 NM

Warning: Refer to current foreign charts and Flight Information publications for information within foreign airspace.

H-3
PANELS
ABCDE
1:1500 NM

UNITED STATES GOVERNMENT
FLIGHT INFORMATION PUBLICATION

IFR ENROUTE HIGH ALTITUDE - U.S.

For use at and above 18,000' MSL

EFFECTIVE 0901Z **29 JUL 2010**

TO 0901Z **23 SEP 2010**

Cross HOOKAs for latest information

DEPARTMENT OF TRANSPORTATION — FEDERAL AVIATION ADMINISTRATION

HIGH ALTITUDE ENROUTE FLIGHT ADVISORY SERVICE - FLIGHT WATCH

ARTCC	RMKF	HA ENG	ARTCC	RMKF	HA ENG	ARTCC	RMKF	HA ENG
Albuquerque	126.2	122.0	Kansas City	135.9	122.0	Oakland	135.9	122.0
Denver	126.2	122.0	Memphis	135.9	122.0	Salt Lake City	135.9	122.0

SPECIAL USE AIRSPACE

F - Prohibited, R - Restricted, W - Warning Areas

CANADA, CYA - Advisory, CYD - Danger, CYR - Restricted Areas.

All altitudes are MSL unless otherwise indicated
FL - Flight level
Time - Hours shown are UTC unless otherwise indicated
Days - Days shown are local unless UTC is indicated
/ - Or, before sunrise to +/- Or after sunset
*Lights - Sunset to Sunrise except Class A means H24 hours
+ Or - After sunset to +/- Or before sunrise

Daylight Saving Time is in effect from 0200 local standard time on the first Sunday in April until 0200 local standard time on the last Sunday in October. Daylight Saving periods of Daylight Saving Time (DT) effective hours will be one hour earlier than shown.
HOSFAC - Hours of Operation Subject to Frequency Activity
H24 - Continuous service
DUE NOTAM systems - Use of this term in all other Special Use areas indicates the Due NOTAM system.

NUMBER	ALTITUDES	NAME	DAYS	TIMES (UNLESS NOTED OTHERWISE)	MINIMUM ALTITUDE	CONTROLLING AGENCY	PANEL
R-2103	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-2104A	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-2104B	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-2105	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-2106	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001A	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001B	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001C	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001D	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001E	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001F	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001G	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001H	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001J	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001K	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001L	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001M	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001N	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001P	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001Q	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001R	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001S	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001T	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001U	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001V	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001W	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001X	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001Y	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C
R-4001Z	To FL 600	Fort Drum	Intermittent	By NOTAM	18000 MSL	ZBW (518) 765-2233	C

* Time Shown by NOTAM

H-3/H-4 29 JUL 2010 UNITED STATES

H-1 H-1.1 H-2 H-3 H-4 H-5 H-6 H-7 H-8 H-9 H-10 H-11
Grand Forks Minneapolis Chicago Detroit Buffalo Boston
Seattle Spokane Billings Bismarck Minot Fargo Duluth Green Bay Milwaukee Madison Rockford Chicago Gary Toledo Cleveland Erie Buffalo Albany Boston Portland
Great Falls Helena Butte Miles City Williston Dickinson Bismarck Minot Fargo Grand Forks Duluth Wausau Green Bay Milwaukee Madison Rockford Chicago Gary Toledo Cleveland Erie Buffalo Albany Boston Portland
Spokane Seattle Portland Billings Great Falls Helena Butte Miles City Williston Dickinson Bismarck Minot Fargo Grand Forks Duluth Wausau Green Bay Milwaukee Madison Rockford Chicago Gary Toledo Cleveland Erie Buffalo Albany Boston Portland
Seattle Portland Spokane